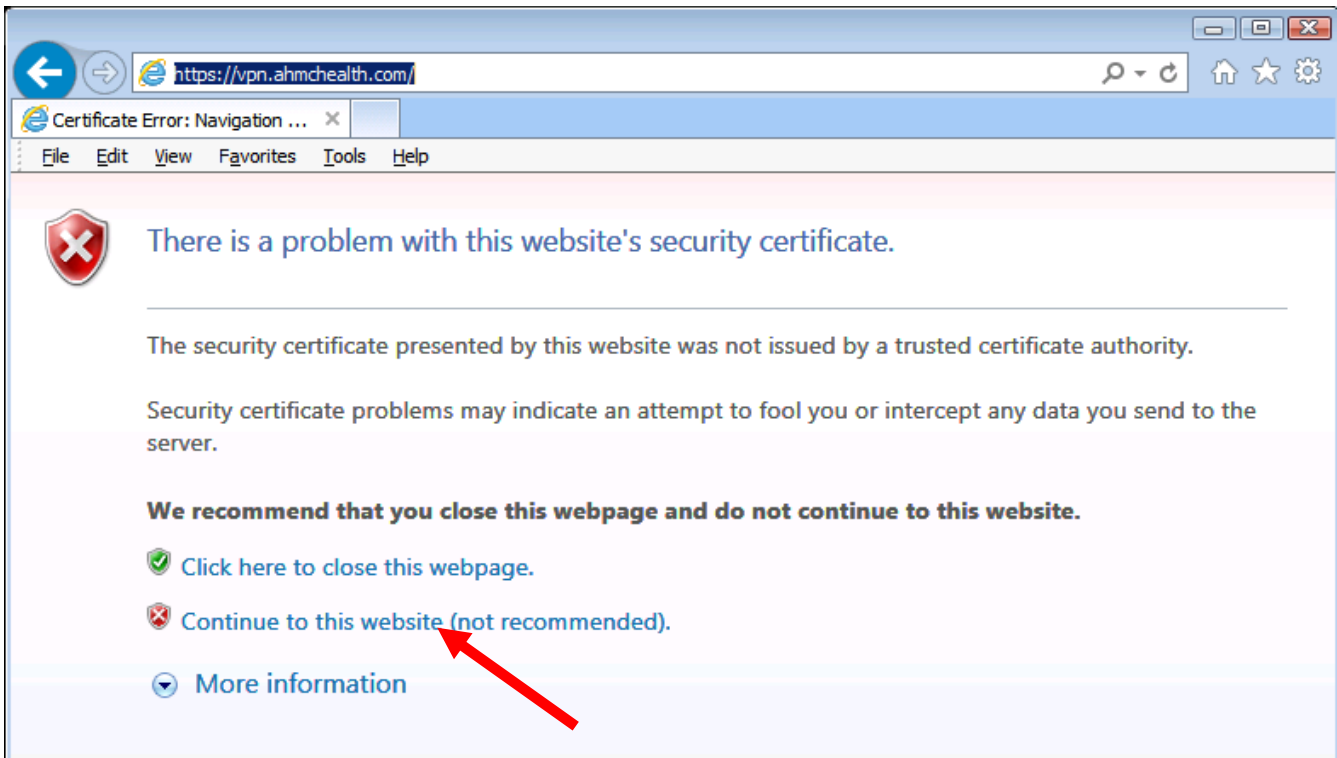
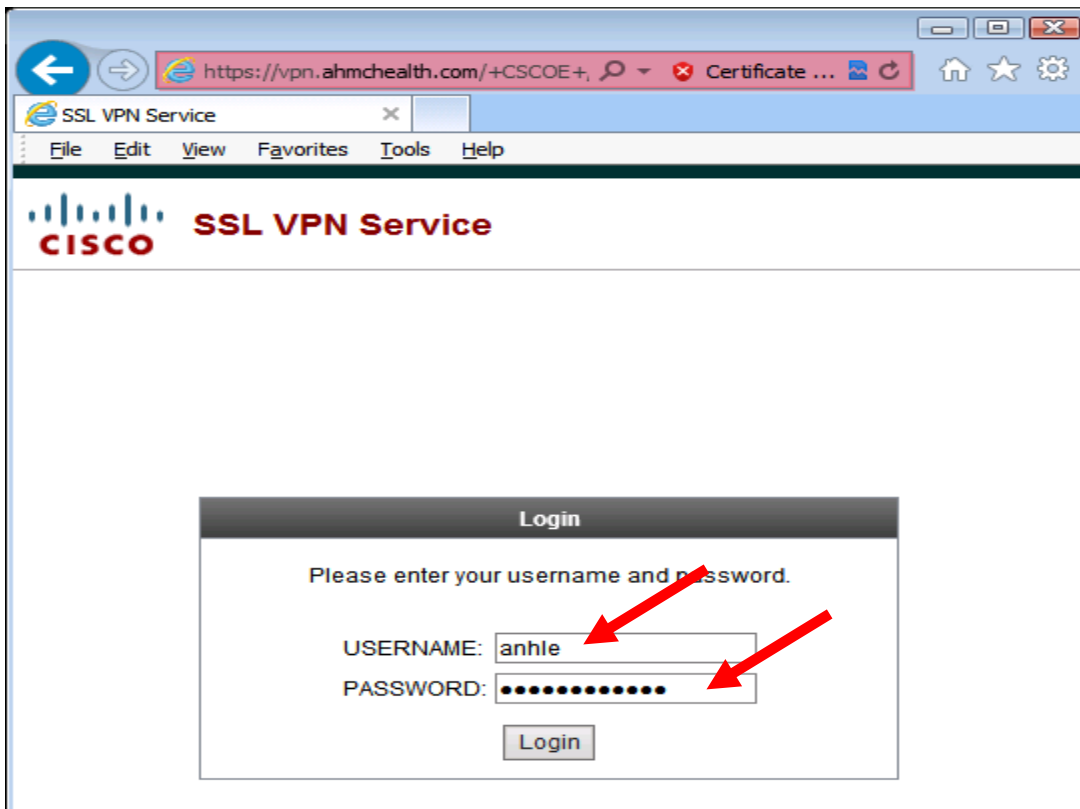


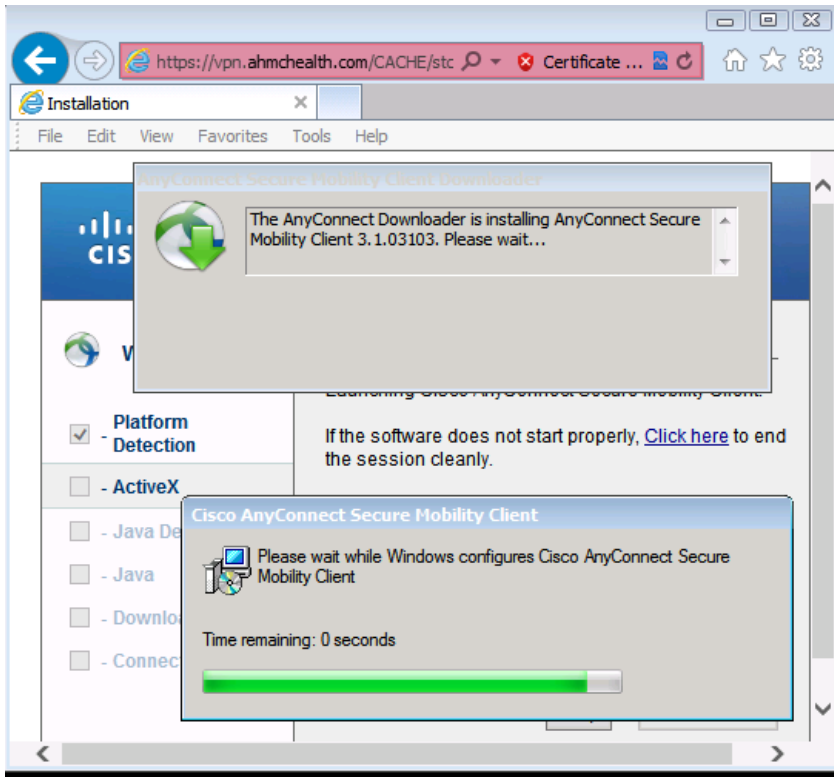
Go to <https://vpn.ahmchealth.com>. Click Continue to this website:



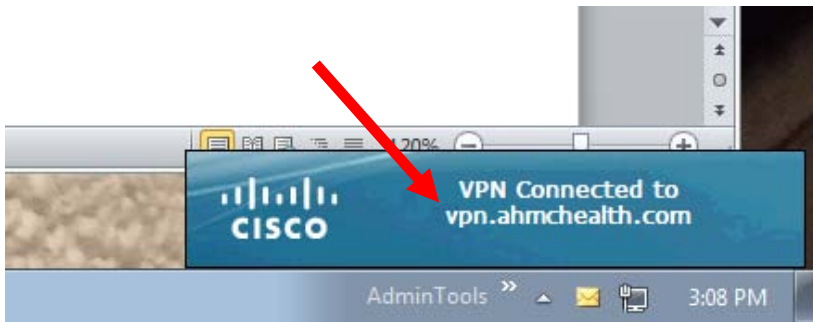
Enter username and password provided by ARMC IT and click Login:



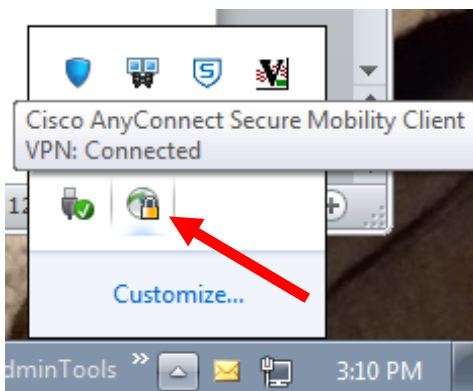
Allow it to detect and install



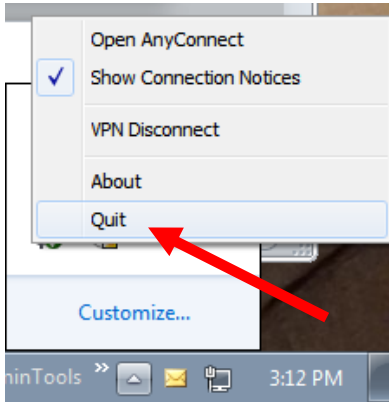
When done you will see a window at the bottom right saying VPN Connected to vpn.ahmchealth.com:



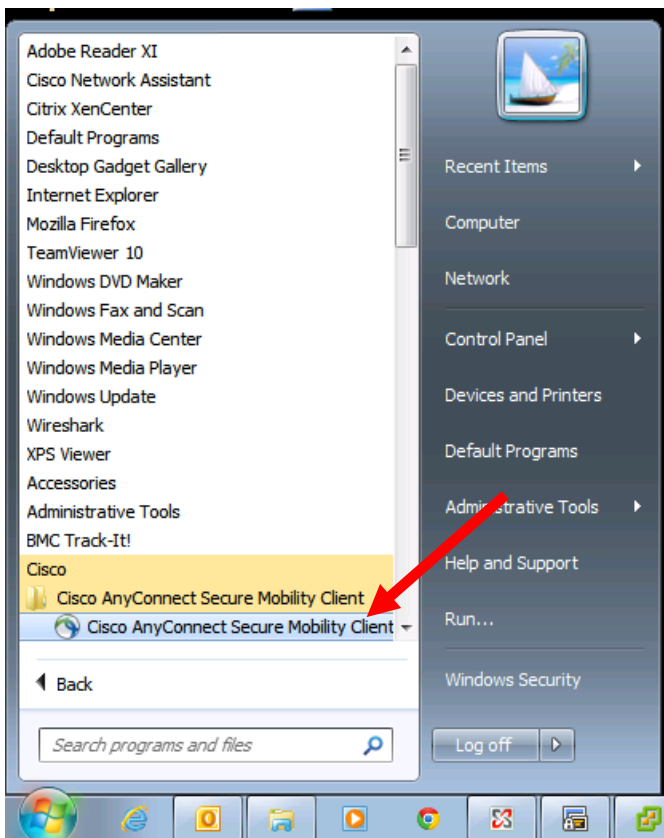
You will also see a globe with a padlock over it in the system tray:



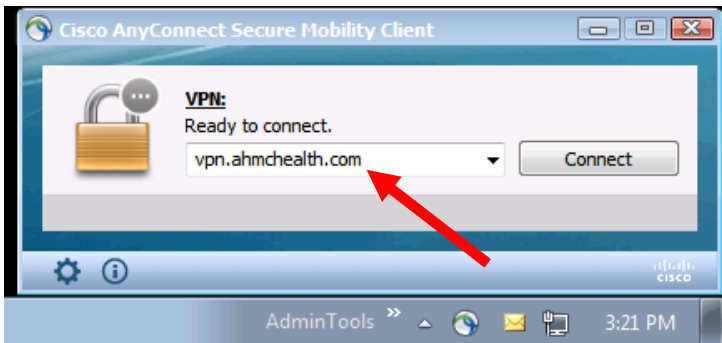
For security reasons when you're done please quit the VPN connection by right-clicking the padlock icon and selecting Quit:



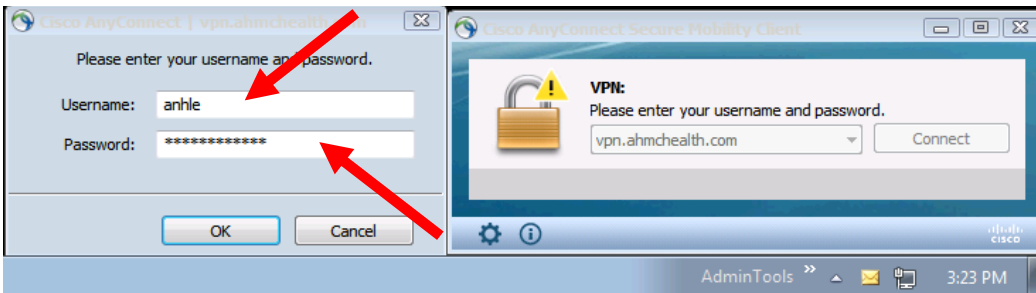
Click on Start>All Programs>Cisco>Cisco AnyConnect Secure Mobility Client:



If there is no entry in there type in “vpn.ahmchealth.com”; if it’s already there simply click Connect:



Enter your Cisco VPN username and password and click OK:



Connected:

